

Discover the healing power of
mineral water!



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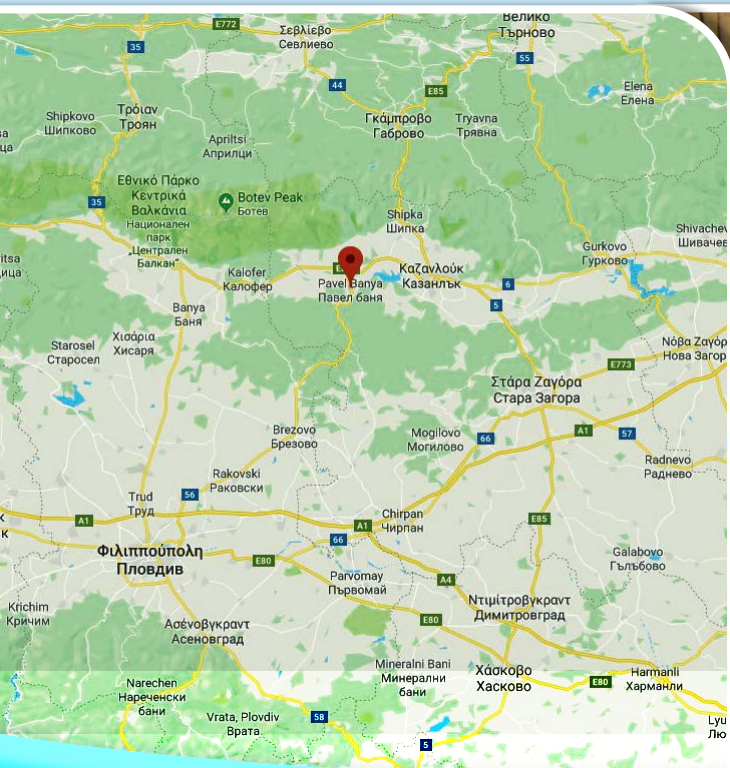
**PREVENTION, REHABILITATION
AND RECREATION**

Pavel banya balneological hotel

LOCATION AND SIGHTS NEARBY

Pavel Banya balneological hotel is located in town of Pavel Banya, 180 km from the city of Sofia, 87 km from the town of Plovdiv and 57 km from the town of Stara Zagora.

Pavel Banya balneological hotel organizes excursions, walking tours and visits to cultural and historical sites in the area. You can visit the ethnographic complex „Damascena“ in the village of Skobeleva to see a demonstration of rose production, the Kazanlak Thracian tomb, the Museum of the Rose, Tomb of Seuthes III (Golyama Kosmatka Mound) and the Ostrusha Mound - near the town of Shipka.

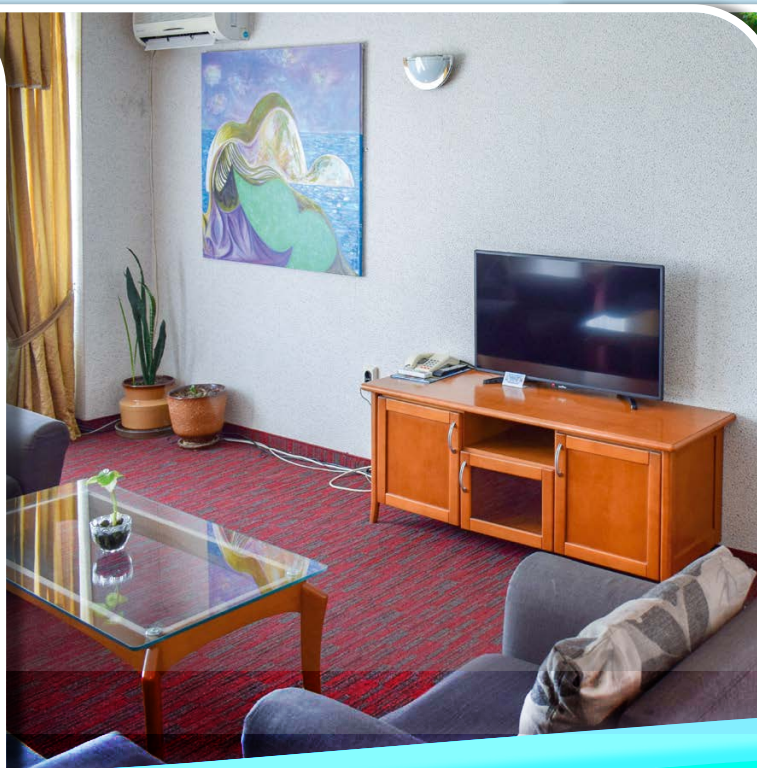


ACCOMMODATION

Pavel Banya balneological hotel has a bed capacity of 496 beds distributed in 221 rooms and 34 suits. The rooms are luxuriously furnished, have TV set and cable TV, mini bar, terraces. Pavel Banya balneological hotel is accessible for people with disabilities. The hotel's sports base has the following

sports facilities: soccer field, basketball court, table tennis, guarded and unguarded car parks, and Wi-Fi.

Bulgaria restaurant, with 330 seats and a summer terrace with 100 seats, offers pleasure, dancing, fun and variety for the guests





HEALING AND REHABILITATION PROCEDURES

Hydration therapy with mineral water

- Underwater jet massage
- Air bubble bath (Pearl bath)
- Whirlpool bath
- Bath for colon hydrotherapy
- Full body bath with mineral water with aromatic salts, essential oils

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Pulithery Suspension therapy
- Vacuum massage /with cupping glasses, Vacuum Massage Apparatus „Banochen“/
- Massage with apparatus machine

Relaxing procedures

- Sauna
- Steam bath
- Jacuzzi
- Indoor mineral pool
- Outdoor mineral pool
- Fitness room

MINERAL WATERS

Thermal mineral water with temperature 50- 61°C, with low mineralization - hydrocarbonate-sodium, with a pH of 7.6, at the same time low content of radon and with a content of metasilicic acid, give the character of physiological effects on the body: improve the blood supply to the tissues, activate the function of the endocrine glands, increase the metabolism, have a detoxifying effect. Radon's mineral water stimulates cell division, thus regenerating aging tissues.

BUSINESS SERVICES

Pavel Banya balneological hotel has two conference halls: Kukeri hall with 30 seats and Panorama hall for 100 seats. They are equipped with screen, flip chart and multimedia, suitable for holding workshops, seminars and other events.



Lyulyatsi balneological hotel

LOCATION AND SIGHTS NEARBY

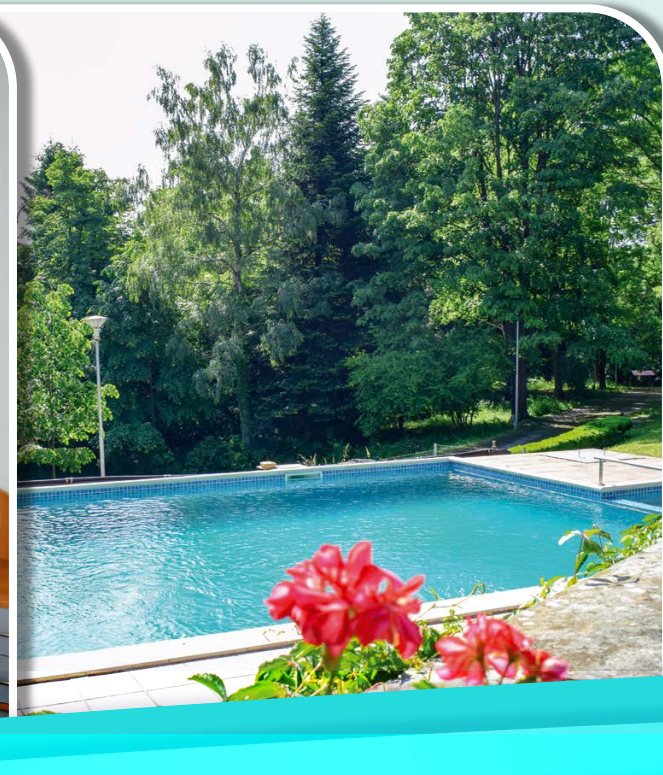
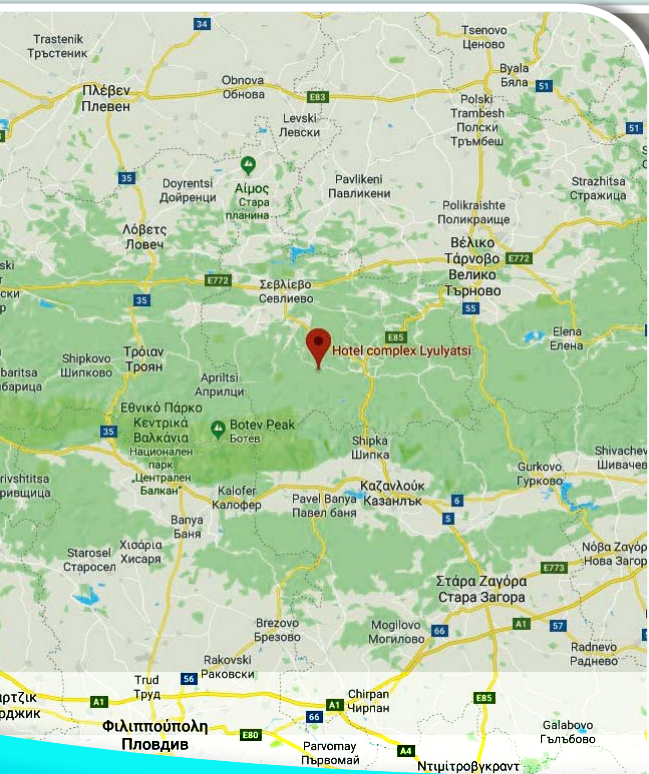
Lyulyatsi balneological hotel (Lyulyatsi resort) is located at 215 km from city of Sofia and 15 km from town of Gabrovo.

The hotel organizes walking routes to Uzana locality and Mazalat peak, excursions to Open Air Ethnographic Museum Etar, village of Bozhentsi, House of Humour and Satire and Museum of Education in town of Gabrovo, Krushuna waterfalls, Hotalich Fortress, Sokolski Monastery, Dryanovo Monastery.

ACCOMMODATION

Lyulyatsi balneological hotel offers its customers 121 beds in 44 double, 17 single rooms and 8 suites, of which 1 is Presidential suite with jacuzzi. All rooms are luxuriously furnished, have TV set and cable TV, mini bar. The guests can use the restaurant with 150 seats, summer garden with 60 seats, cafe-bar, billiard

room, table tennis, room for children's activities and playground for children, bicycles for rent, ski storage room, Wi-Fi, car parks with video surveillance and safe deposit box. balneological hotel is accessible for people with disabilities.





HEALING AND REHABILITATION PROCEDURES

Hydrating therapy

- Underwater jet massage
- Air bubble bath (Pearl bath)
- Full body bath with aromatic salts, essential oils

Relaxing procedures

- Sauna
- Steam bath
- Outdoor pool
- Jacuzzi
- Solarium room
- Fitness room

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Massage with specialized techniques, incl. acupressure
- Anti-cellulite massage
- Aromatherapy - with essential oils:
 - full body massage
 - partial massage
- Anti-cellulite body wrapping
- Reflexology - foot zone therapy
- Massage with honey of back

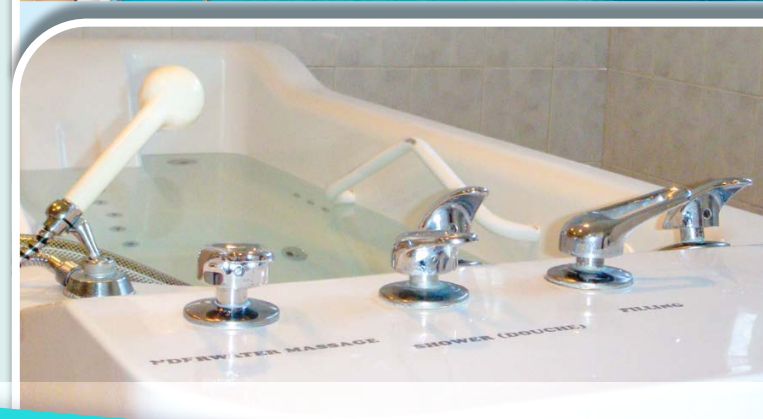
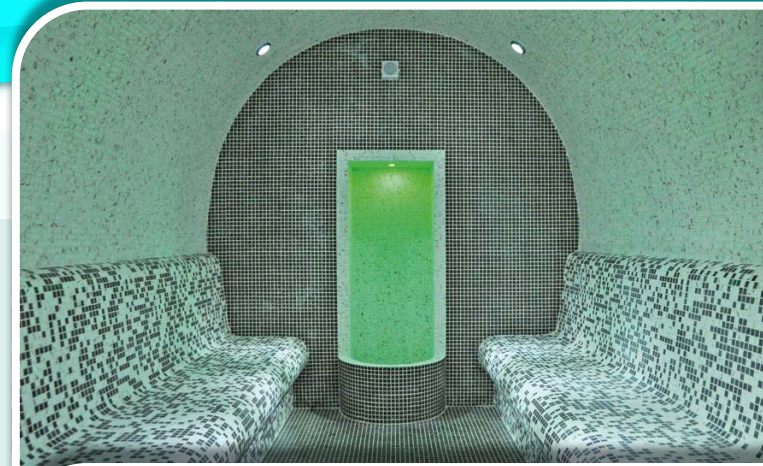
NATURAL RESOURCES

Crystal clear air, highly ozone-enriched - an exceptional factor for the beneficial effects on respiratory diseases.

The Lyuliatsi resort is located in the foothills of the Central Balkans, in a beautiful, sunny mountainous area, amidst centuries-old forests. The climate is mild, moderate cold winter and cooler summer.

BUSINESS SERVICES

Lyulyatsi balneological hotel has two conference halls with 80 and 20 seats, equipped with multimedia projector, screen, flip chart, suitable for conducting seminars, business meetings and conferences.



Konstantsia balneological hotel

LOCATION AND SIGHTS NEARBY

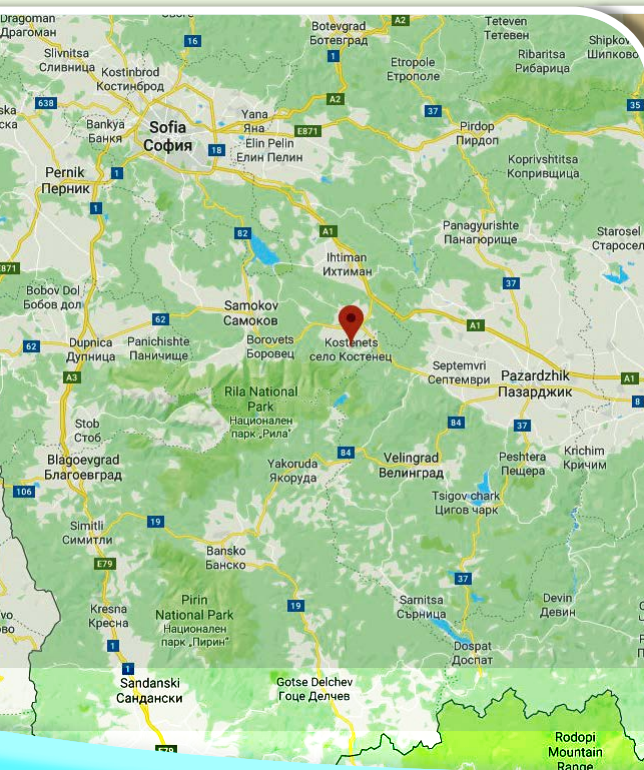
Konstantsia balneological hotel is located in Kostenets Villas Resort, 80 km from the city of Sofia, 110 km from the town of Plovdiv and 9 km from the town of Kostenets.

Nearby natural sights include Kostenets waterfall and Kostenets lake. In the municipality of Kostenets are located the 150-year-old temple St. Archangel Michael (Kostenets

village), the monastery St. Spas, the temple Great Martyr George, St. Pantaleimon Church and St. Iliya and St. Petka Chapels. The fortress of Trajan's Gate, dating from Roman times, but entered into Bulgarian history with the defeat that King Samuil inflicted on Emperor Basil II in 986.

ACCOMMODATION

Konstantsia balneological hotel has a bed capacity of 280 beds distributed in 134 rooms and 6 suits. All rooms have TV set and cable TV. At guests disposal there are a restaurant with 200 seats, a day bar, a summer terrace, a playground for children, wireless internet in the common areas, outdoor car parks with video surveillance.





HEALING AND REHABILITATION PROCEDURES

Hydration therapy with mineral water

- Air bubble bath (Pearl bath)
- Whirlpool bath
- Full body bath with mineral water with or without aromatic salts.

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Massage with apparatus machine
- Lymphatic drainage

Relaxing procedures

- Sauna
- Steam bath
- Indoor mineral pool with jacuzzi
- Outdoor mineral pool
- Jacuzzi
- Solarium room

MINERAL WATERS

Ancient mineral springs with a temperature of 47°C, slightly mineralized, hydrocarbonate-sulfate-sodium, low levels of fluorine and radon (3.3 nano Curie per liter) with high alkaline reaction (pH 9.2), which enhance the function of the glands with internal secretion, increase metabolism, improve body cleansing, restore the tissues.

BUSINESS SERVICES

Konstantsia balneological hotel has three conference halls with 80, 60 and 30 seats. The halls are equipped with flipchart, screen and multimedia. They are suitable for conducting seminars, business meetings, conferences.



LOCATION AND SIGHTS NEARBY

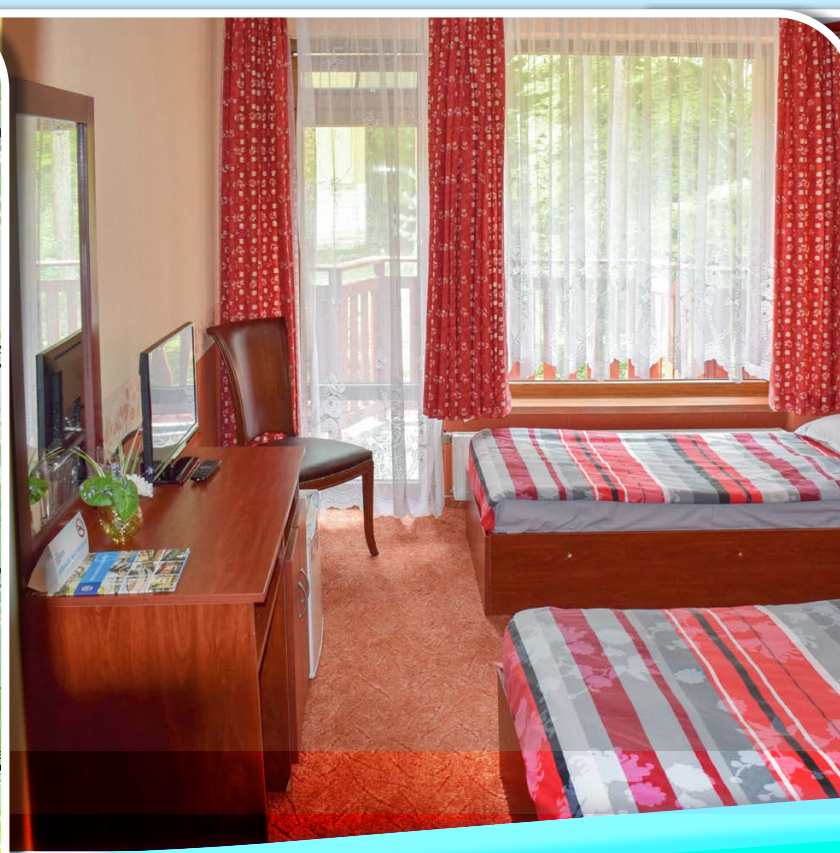
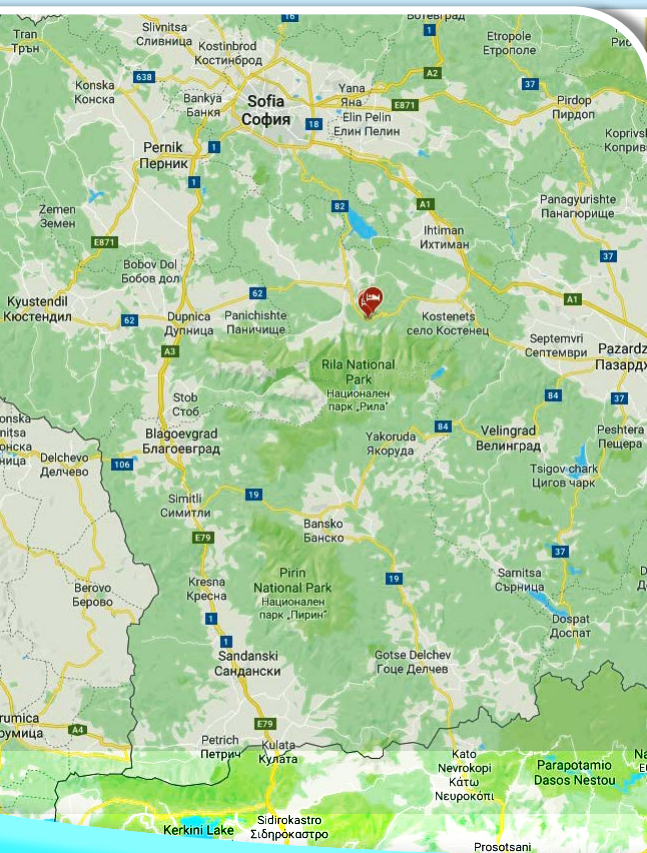
Kalina hotel is located in the Borovets resort, 70 km away from city of Sofia, 125 km from town of Plovdiv and 10 km from the town of Samokov.

In the area of Borovets are located the Bistritsa Palace,

Sitnyakovo Palace, the Chernata skala (Black Rock) locality. Mountain lovers can visit the Yastrebits chalet from the resort, with a gondola lift, and from there they can make a hiking trip to Musala chalet and Musala peak.

ACCOMMODATION

Kalina hotel has a bed capacity of 48 beds distributed in 20 rooms and 4 suits. Each room has TV set with cable TV, mini bar. At guests disposal there are a restaurant with 70 seats, a day bar with 30 seats and a summer terrace, table tennis, car parks, wireless Internet.





HEALING AND REHABILITATION PROCEDURES

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc

Relaxing procedures

- Sauna
- Steam bath
- Fitness room

NATURAL RESOURCES

Borovets is the closest winter resort to the capital and as such is preferred by the residents of the Bulgarian capital. It is located at 1 350 m above sea level, on the northern slopes of the Rila Mountains.

The climate in the resort is temperate, winter is mild and there is a lot of snowfalls. The average January temperature, the coldest

month, is approximately minus 4.8°C. The ski season usually lasts from mid-December to April.

Nestled amidst centuries-old pine forest, the Kalina hotel offers cozy atmosphere and excellent service. This is a great place to relax.

BUSINESS SERVICES

The Kalina hotel has one conference room with 20 seats.



Druzhiba 1 balneological hotel

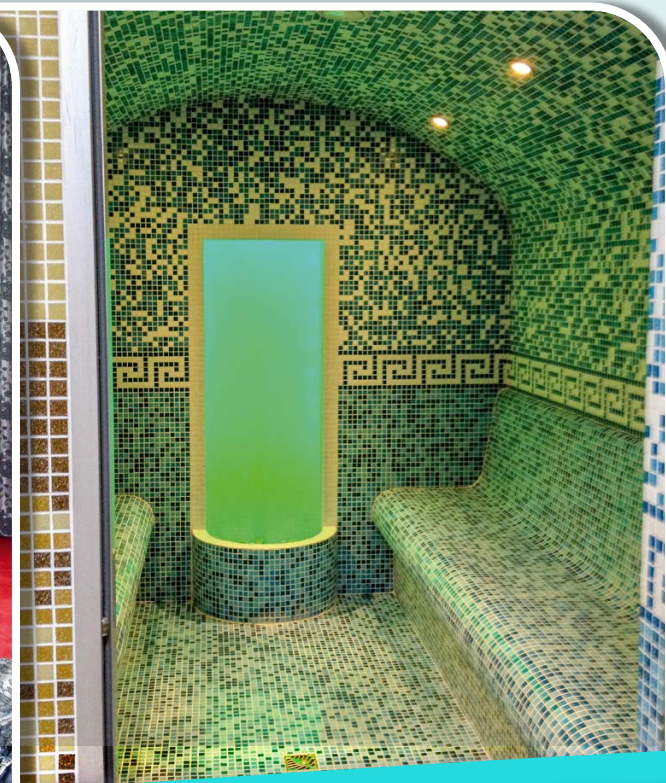
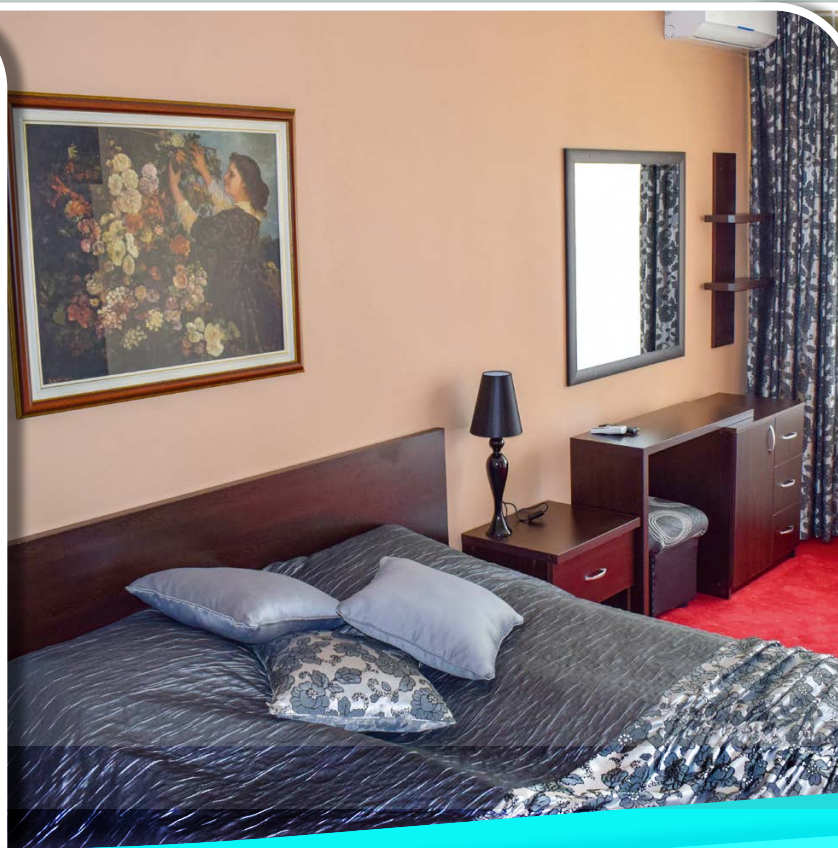
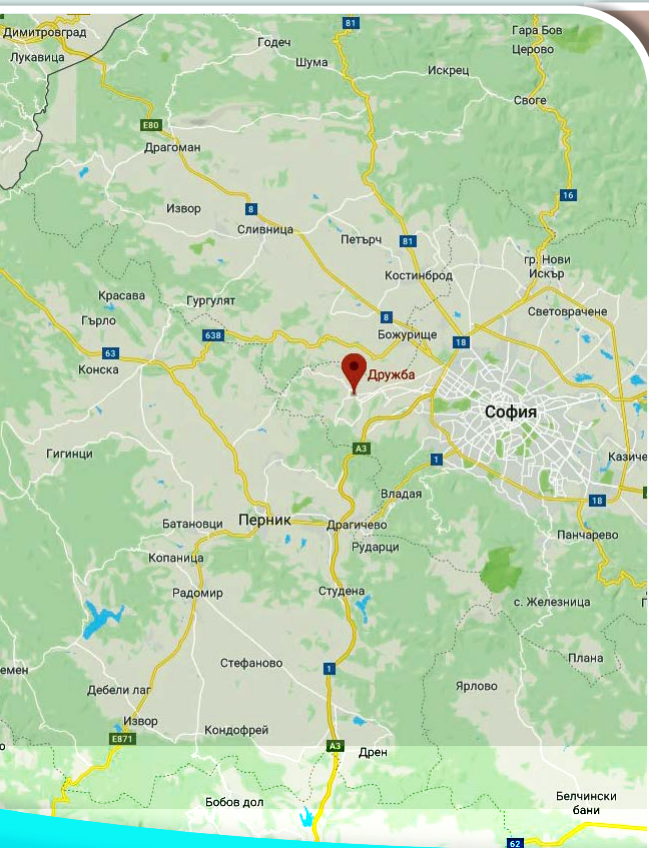
LOCATION AND SIGHTS NEARBY

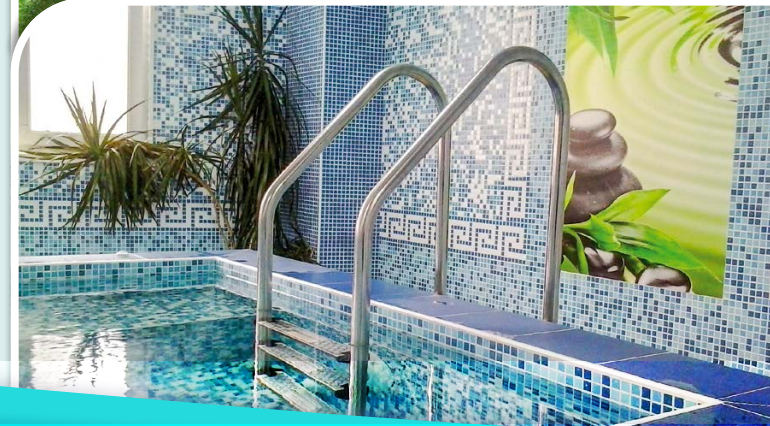
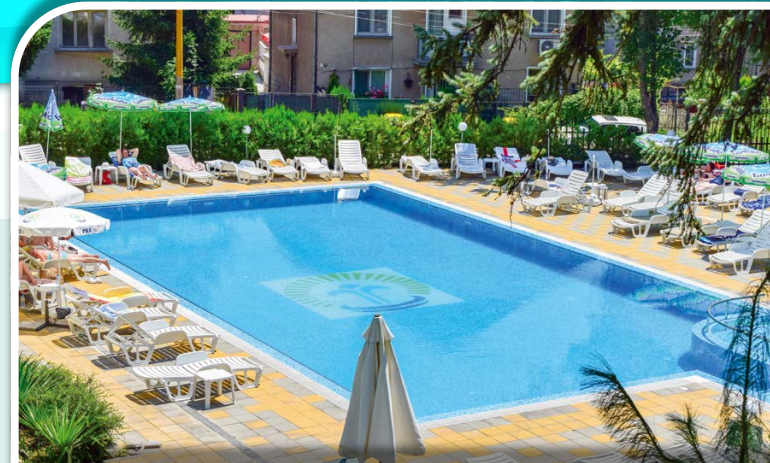
Druzhiba 1 hotel is located in town of Bankya, 15 km away from city of Sofia, and 166 km from the town of Plovdiv.

There are a number of landmarks in Bankya, including the mineral bath building, House Museum of Dimitar Blagoev, Divotino Monastery Sveta Troitsa (Holy Trinity), Klisura Monastery St. Petka, St. St. Cyril and Methodius Church in Ivanya-ne Quarter, the Holy Martyrs Kirik and Julita Church.

ACCOMMODATION

Druzhiba 1 hotel has a bed capacity of 108 beds distributed in 49 rooms and 5 suits. Each room has TV set with cable TV, mini bar. At guests disposal there are a restaurant with 120 seats, a summer terrace with 40 seats, a lobby bar, wireless Internet in the reception area, parking.





HEALING AND REHABILITATION PROCEDURES

Hydrating therapy with mineral water

- Underwater jet massage
- Air bubble bath (Pearl bath)
- Whirlpool bath, sitting

Body and spirit strengthening massages

- Classic /full body/ massage
- Partial massage /limbs, back, neck, etc./
- Vibration massage

Relaxing procedures

- Steam bath
- Indoor mineral pool with jacuzzi
- Outdoor mineral pool

MINERAL WATERS

The low-mineralized, hypothermal water with a temperature of 36.5 ° - 37°C is suitable for complete strengthening of the body and recovery in chronic fatigue. The content of hydrocarbonate and sodium ions are involved in the regulation of the alkaline-acid balance of the body (pH 9.6). The presence of colloidal metasilicic acid in mineral water makes it a longevity factor, a powerful detoxifier and has a good cosmetic effect.

BUSINESS SERVICES

Druzha 1 hotel is suitable for seminars, business meetings and conferences. It has two conference halls: Bankya Hall with 40 seats and Lyulin Hall with 120 seats. The halls are equipped with flipchart, screen and overhead projector.

Velingrad balneological hotel

LOCATION AND SIGHTS NEARBY

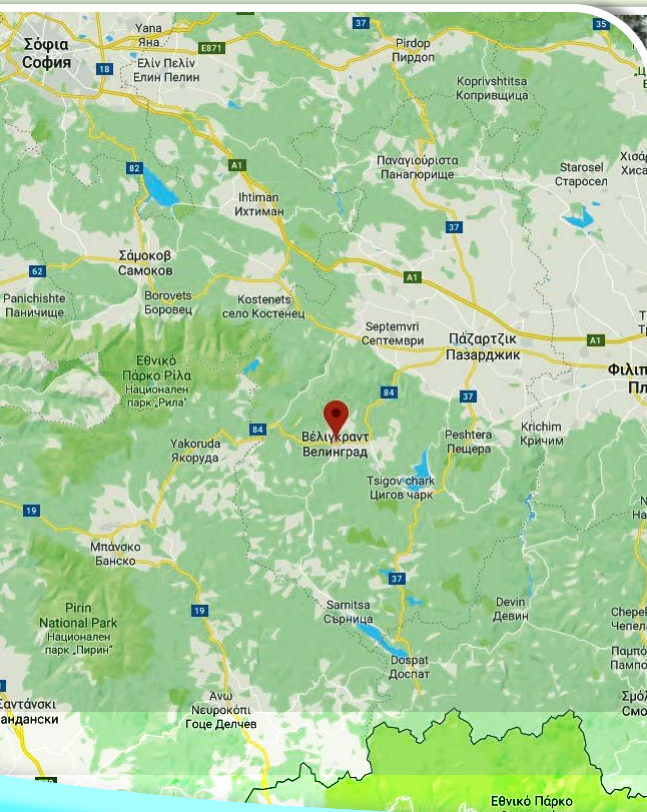
Velingrad balneological hotel is located in the town of Velingrad, 130 km away from the city of Sofia and 100 km from the city of Plovdiv.

Attractive places for sportsmen and fishermen are the Batak, Dospat and Belmeken dams. The surroundings of Velingrad

are extremely picturesque, there are wonderful routes for walking tourism to Syutka peak and Vazova Polyana. 18 km east of Velingrad is the old Bulgarian fortress Tsepina, the capital of Despot Slav. Other landmarks in Velingrad and the region are the Kleptuza Lake, the Caves Lepenitsa and Snezhanka.

ACCOMMODATION

Velingrad balneological hotel has a bed capacity of 123 beds distributed in 51 rooms and 2 suits and 5 bungalows. Each room has TV set and cable TV, mini bar, telephone, hairdryer in the bathroom. At guests disposal is a restaurant that has 130 seats, a day bar, room service, wireless Internet, safe deposit box, car parks.





HEALING AND REHABILITATION PROCEDURES

Hydrating therapy with mineral water

- Underwater jet massage
- Air bubble bath (Pearl bath)
- Whirlpool bath
- Full body bath with mineral water with aromatic salts, essential oils.

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./

Relaxing procedures

- Sauna
- Steam bath
- Jacuzzi
- Outdoor mineral pool
- Solarium room
- Fitness room

MINERAL WATERS

There are 70 mineral springs in the resort, from which mineral waters spring with temperature 46-94°C, with low mineralization, sulphate-hydrocarbonate-sodium, with high alkaline reaction. These waters are a powerful irritant of the receptors, leading to improved

blood supply and tissue nutrition. Increase the activity of glands with internal secretion, metabolism in the body and improve immunity. The presence of metasilicic acid in water (48-107 mg/l) activates cells, improves skin elasticity, detoxifies the body.

BUSINESS SERVICES

Velingrad balneological hotel has a conference room with 45 seats.



Roza balneological hotel

LOCATION AND SIGHTS NEARBY

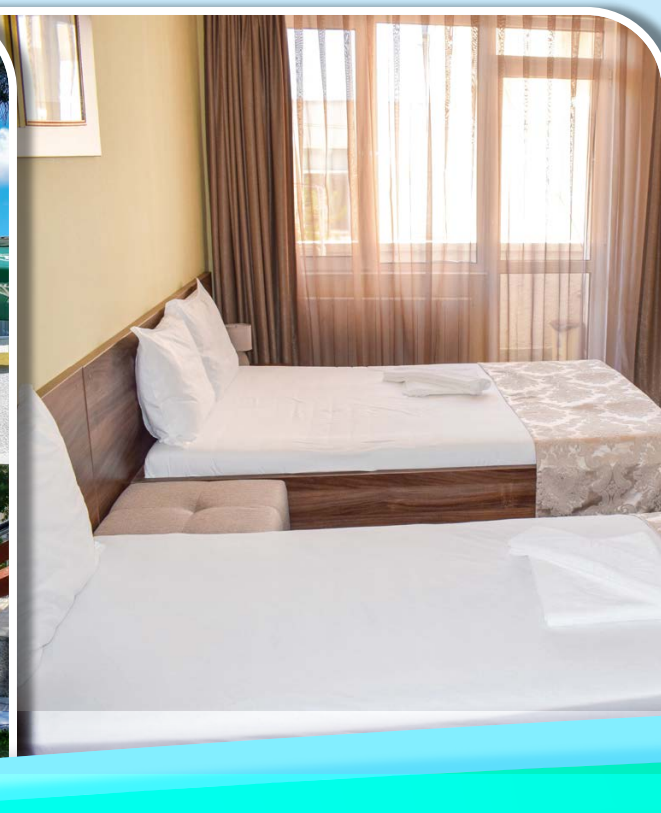
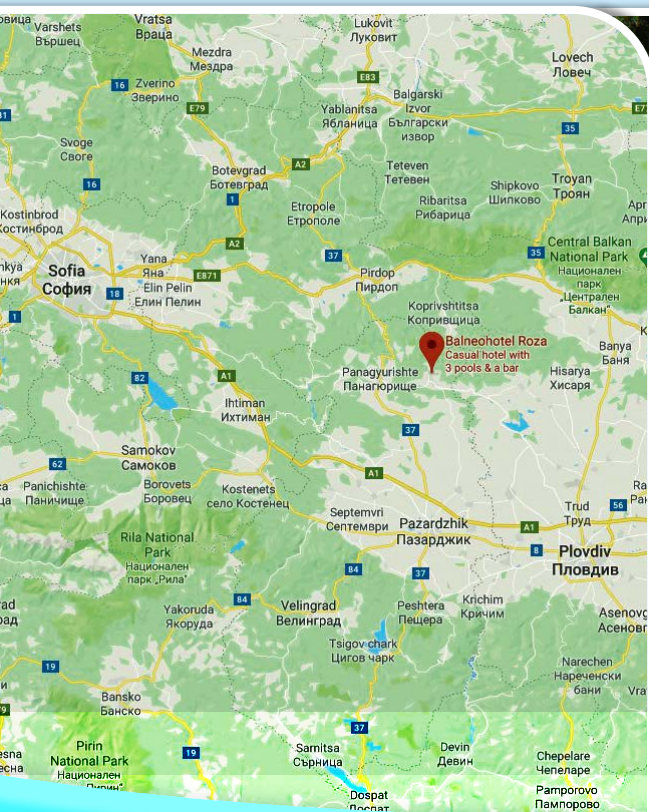
Roza balneological hotel is located in town of Strelcha, 110 km away from city of Sofia, and 65 km from the town of Plovdiv.

Excursions to Koprivshitsa, Panagyurishte and Starosel are organized. Among the sights in the region are the Thracian

cult complex - Frog Mogila (Frog Mound), Medieval fortress Strelchansko Kale, Thracian Tomb - Starosel. In the center of the town is formed a museum complex with restored houses, which house the museum expositions.

ACCOMMODATION

Roza balneological hotel has a bed capacity of 120 beds distributed in 56 rooms and 4 suits. All rooms have TV set, digital TV, telephone. At guests disposal there are a restaurant with 150 seats, a lobby bar, a bar with a terrace with 50 seats, wireless Internet, bicycles for rent, table tennis, outdoor guarded car parking.





HEALING AND REHABILITATION PROCEDURES

Hydration therapy with mineral water

- Aromatic salts bath
- Underwater jet massage
- Air bubble bath (Pearl bath)
- Whirlpool bath

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Pulithery Suspension therapy
- Vibration massage
- Massage with apparatus machine
- Massage with honey of back

Relaxing procedures

- Sauna
- Steam bath
- Indoor mineral pool
- Jacuzzi
- Outdoor mineral pool
- Fitness room

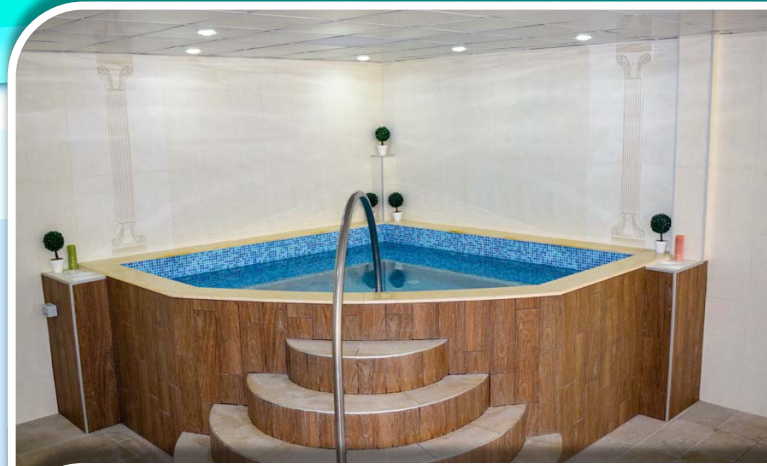
MINERAL WATERS

Mineral water temperature 56°C, slightly mineralized, sulphate-hydrocarbonate-sodium, content of fluorine, radon (16 nano Curie per liter), with 50 mg/l colloidal metasilicic acid, alkaline (pH 8.8), which dramatically improves blood circulation, increases me-

tabolism, helps cleanse the body, increases the protective forces and generally strengthens the body. Metasilicic acid has a stimulating effect on cells, rejuvenates the skin, absorbs toxic substances from the digestive system.

BUSINESS SERVICES

Roza balneological hotel has a conference room with 35 seats, equipped for seminars, business meetings and conferences with a flip chart, screen and overhead projector, Internet connection.



Stryama balneological hotel

LOCATION AND SIGHTS NEARBY

Stryama balneological hotel is located in town of Banya, 180 km away from city of Sofia, and 50 km from the town of Plovdiv.

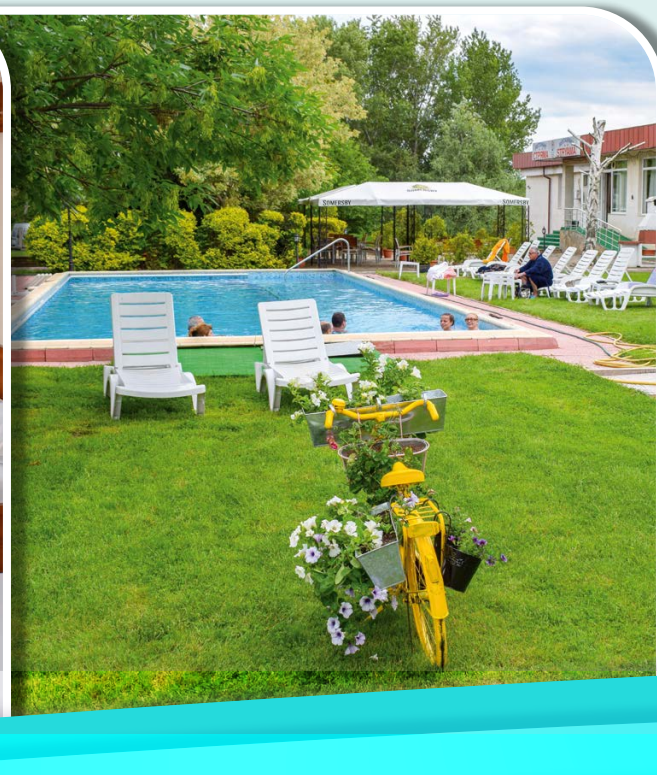
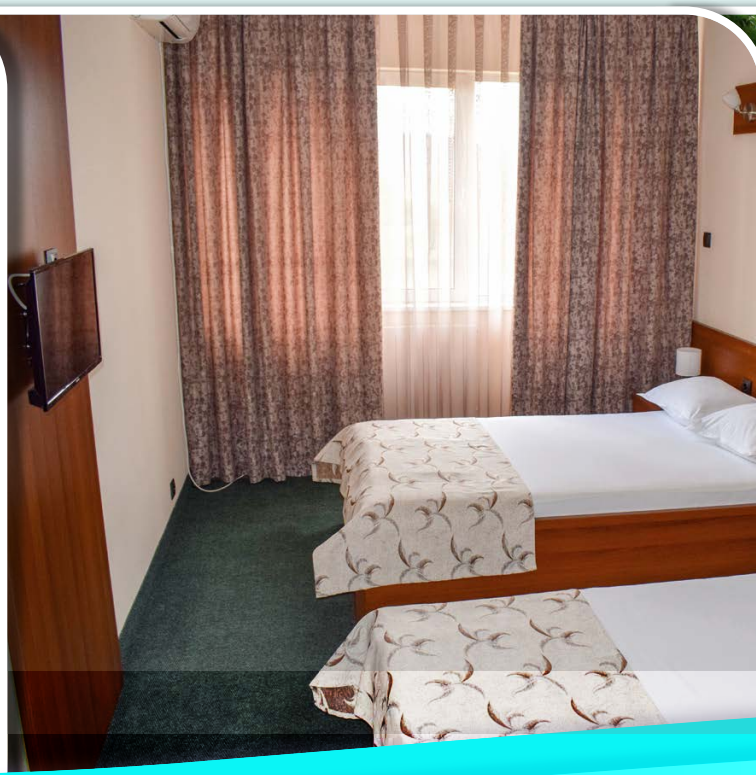
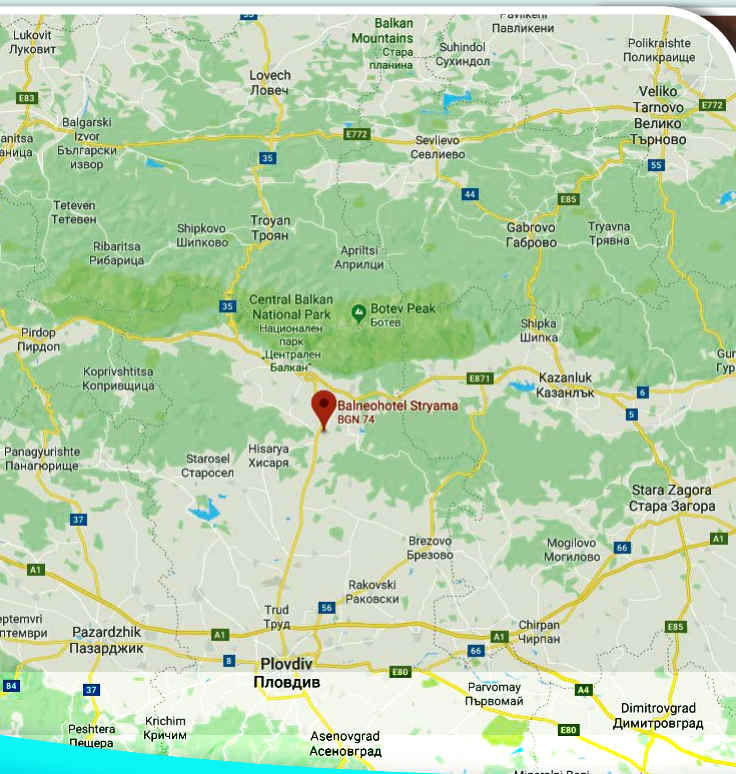
A cultural and historical landmark is the summer residence of Tsar Boris III with its rich botanical garden. Guests of the resort can visit and view

the neighboring towns of Karlovo, Sopot and Karlofer, related to the Bulgarian Revival history, as well as the resort of Hissar, the Thracian tomb near Starosel village, where archeologists have discovered a Thracian cult complex.

ACCOMMODATION

Stryama balneological hotel offers 164 beds in 76 rooms and 6 suits. All rooms are equipped with TV set with cable TV, mini bar, telephone. The suits in the Stryama balneological hotel have baths and air conditioning. Stryama balneological

hotel has a restaurant with 120 seats with a summer terrace, a café with an outdoor terrace, wireless Internet, bicycles for rent, table tennis. For the guests of the balneohotel hotel there are a souvenir and cosmetics shop, parking.





HEALING AND REHABILITATION PROCEDURES

Hydration therapy with mineral water

- Aromatic salts bath
- Bath with essential oils
- Underwater jet massage bath
- Air bubble bath (Pearl bath)
- Whirlpool bath
- Full body bath with mineral water

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Massage with apparatus machine
- Aromatherapy - with herbal essences (essential oils):
 - full body massage
 - partial massage
- Partial massage with volcanic stones

Relaxing procedures

- Steam bath
- Outdoor mineral pool
- Indoor mineral pool with jacuzzi
- Fitness room
- Detoxifier

MINERAL WATERS

The mineral water is hot 46°C, slightly mineralized, hydrocarbonate-sulfate-sodium, fluorine with high alkaline reaction. Specific action of mineral water: Hydrogen carbonates (HCO_3) improve the alkaline-acid level by alkalizing the body, lowering the level of lipids in the blood, have anti-inflammatory and anti-allergic action. The presence of sulfate ions has the effect of improving digestion, help-

ing to eliminate toxins. The combination of the various constituents of water is potentiated and determines the wide range of curative and prophylactic effects. They have anti-inflammatory, anti-inflammatory action, improve tissue trophic. Water temperature is successfully incorporated into this and accelerates these processes of physiological impact.

BUSINESS SERVICES

Stryama balneological hotel has one conference room with 40 seats, suitable for conferences, business meetings and seminars, equipped with screen, flip chart and multimedia.



St. Mina balneological hotel

LOCATION AND SIGHTS NEARBY

St. Mina balneological hotel and St. Mina 2 hotel are located in Bourgas mineral baths, 375 km away from the city of Sofia and 16 km away from the town of Bourgas.

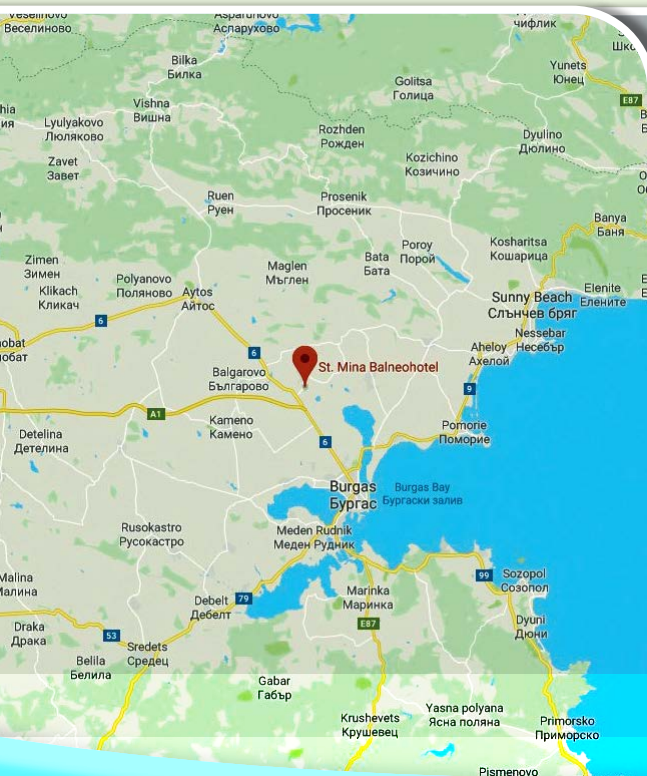
The history of the resort is closely related to that of the nearby mineral baths, which function from antiquity. The ancient chronicles often mention the healing mineral waters of the resort. The first infor-

mation about them dates from the time of Philip II of Macedon (IV century BC).

The ancient town of Aquae Calidae is located in the area. Opportunity to visit the interactive museum in the tourist complex "Aquae Calidae", a visit to the seaside city of Bourgas and its sights

ACCOMMODATION

St. Mina balneological hotel has a bed capacity of 144 beds distributed in 48 rooms and 2 suits and 11 bungalows. All rooms have cable TV and a mini bar. At disposal of guests of the St. Mina balneological hotel there are a restaurant with 120 seats, a lobby bar, wireless Internet, parking.





HEALING AND REHABILITATION PROCEDURES

Hydration therapy with mineral water

- Jacuzzi
- Underwater jet massage
- Air bubble bath (Pearl bath)
- Full body bath with mineral water with aromatic salts, essential oils.

Body and spirit strengthening massages

- Full body massage
- Partial massage /limbs, back, neck, etc./
- Pulitherapy Suspension therapy
- Neck and shoulders with massage with apparatus machine
- Massage with apparatus machine „Migun“

Relaxing procedures

- Sauna
- Steam bath
- Thermal bath
- Outdoor and indoor mineral pool
- Jacuzzi

MINERAL WATERS

Slightly mineralized water with a temperature of 41°C, chloride-hydrocarbonate-sodium with high alkaline reaction (pH 9.95) and a silicon content. Effects in an external application by activating the metabolism, detoxification of the body, which increases the physical and mental endurance.

Healing Pomorie's mud (nilos) - activates the pituitary and adrenal glands, improves liver function, lowers cholesterol levels, improves immunity, reflexes and sensitivity of peripheral nerve endings.

BUSINESS SERVICES

St. Mina balneological hotel has one conference hall with 70 seats, equipped with flip chart, screen and multimedia.



Tintyava balneological hotel

LOCATION AND SIGHTS NEARBY

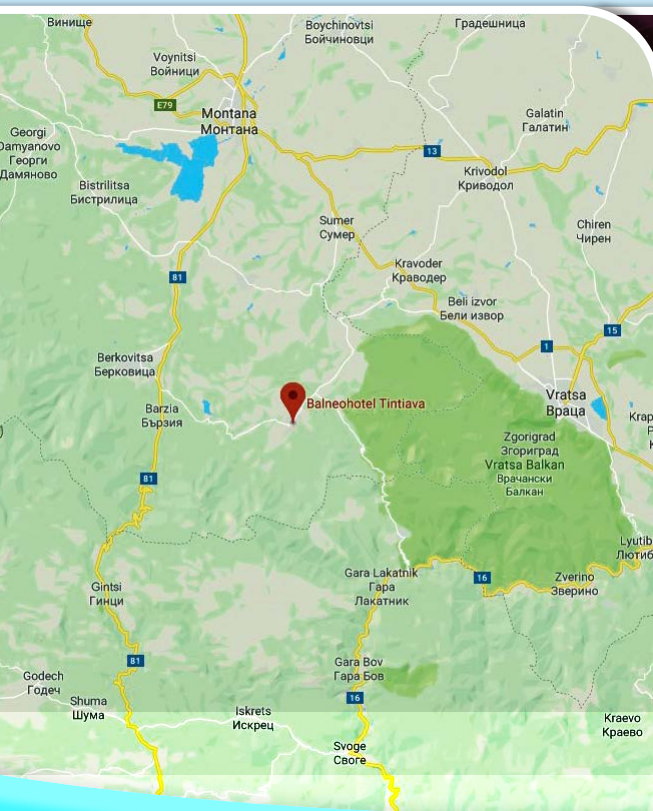
Tintyava balneological hotel and Tintyava 2 hotel are located in town of Varshets, 88 km away from the city of Sofia and 30 km away from the town of Montana.

Walking tours are organized to popular localities in the region, such as Minkovi Bani Waterfall, Byalata voda, Zeleni del and Ivanchova Polyana.

The area has several unique landmarks to be visited - the Ledenika and Magura Caves, the rock phenomena of the Belogradchik Rocks and the Vratsata, the Baba Vida Fortress, the Klisura Monastery (the fourth largest in Bulgaria dating from the 13th century) and the Cherepish, Sedemte Prestola (Seven Altars) Monasteries.

ACCOMMODATION

Tintyava balneological hotel has a bed capacity of 90 beds distributed in 40 rooms and 5 suits. The rooms are equipped with TV set and cable TV, telephone, mini bar. The balneological hotel offers a safe deposit box, wireless Internet, car parks with video surveillance, a restaurant with 240 seats, divided into two halls, summer bar "Solarium".





HEALING AND REHABILITATION PROCEDURES

Hydration therapy with mineral water

- Aromatic salts bath
- Bath with essential oils /lavender oil/
- Bath with eco-herbs
- Underwater jet massage
- Air bubble bath (Pearl bath)
- Whirlpool bath

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Massage with apparatus machine
- Aromatherapy – with essential oils:
 - full body massage
 - partial massage

Relaxing procedures

- Sauna
- Steam bath
- Jacuzzi
- Outdoor mineral pool
- Indoor mineral pool with jacuzzi
- Fitness room
- Solarium room

MINERAL WATERS

The mineral water of Varshets is the only Bulgarian mineral water which is in the top 20 in the world ranking – it is used more than 2000. It is hypothermal, slightly mineralized, hydrocarbonate-sulfate-sodium, has a good overall effect on the body. Increases the activity of the endocrine glands, regulates metabolism, it has a calming effect on the central nervous system.

BUSINESS SERVICES

Tintyava balneological hotel has modernly equipped conference hall with 60 seats with flip chart, screen and multimedia, Internet connection.



Bozhur balneological hotel

LOCATION AND SIGHTS NEARBY

Bozhur hotel is located in mineral baths village, 222 km away from city of Sofia and 18 km from town of Haskovo.

There are many eco-trails in the area, leading to unique natural phenomena and historical landmarks.

Numerous remains of settlements from the Thracian era have been found near and around the resort. The trace of the Roman era, known as the landmark Stapkata na Bogoroditsa (The Step of the Virgin), which is carved

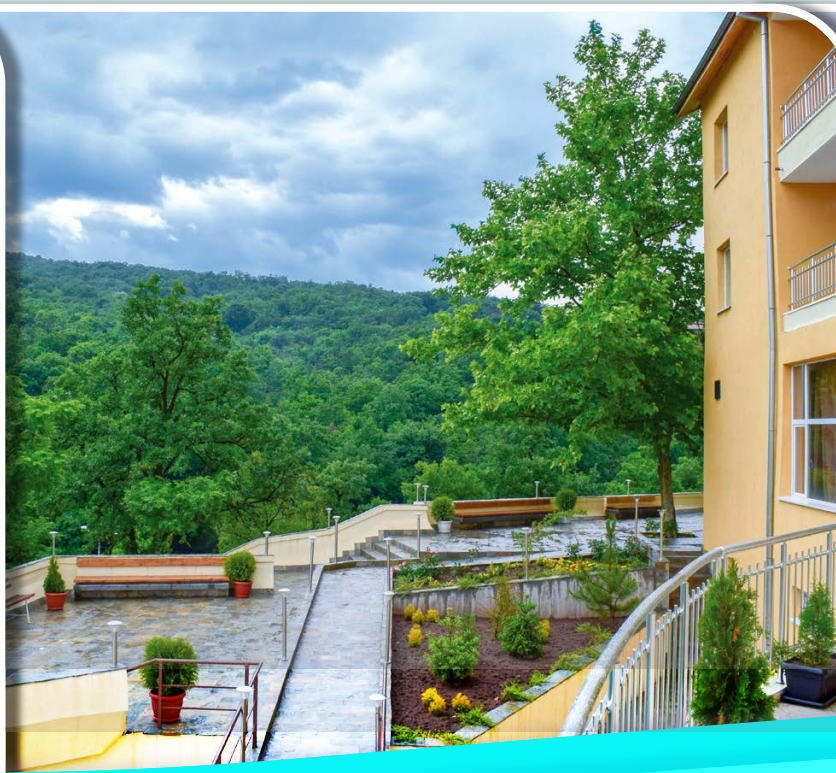
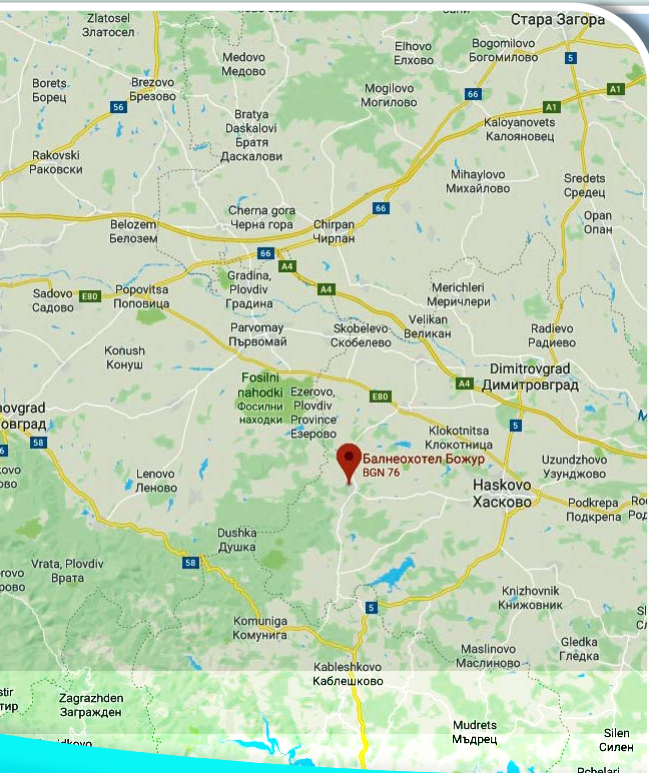
in a natural rock, is preserved to this day.

There are a number of interesting natural attractions in the area of Aida Peak, such as Orlovi skali (Eagle Rocks), Boraka Reserve, habitat of wild peony and lily of the valley and others.

South of Aida Peak are the natural landmarks Chernata skala (Black Rock) and Kupena Peak, on which the Kalpak Kaya Rock stands as a hat.

ACCOMMODATION

Bozhur hotel has a bed capacity of 125 beds distributed in 47 rooms and 6 suits and 3 studios. Each room has TV set with cable TV, wireless Internet. There is a restaurant with 120 seats, a day bar





HEALING AND REHABILITATION PROCEDURES

Hydrating therapy c with mineral water

- Underwater jet massage
- Air bubble bath (Pearl bath)
- Whirlpool bath
- Hydro-galvanic bath
- Full body bath with mineral water with or without aromatic salts, essential oils, herbs

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Vacuum massage /with cupping glasses, Vacuum Massage Apparatus „Banochen“/
- Massage with apparatus machine

Relaxing procedures

- Sauna
- Steam bath
- Indoor mineral pool

MINERAL WATERS

Mineral baths have been used here for millennia. The mineral waters of the village of Mineralni bani have no analogue in Southern Europe, they are world famous for the treatment of Buerger's disease. Mineral water with a temperature of 54-56°C, sulphate-calcium-so-

dium, low mineralization water, low levels of radon - 32 emans, mild alkaline reaction (pH-7.22), strengthens the body by increasing immunity, improves blood circulation and tissue tissue.

BUSINESS SERVICES

The Bozhur hotel has one conference room with 150 seats, suitable for conducting workshops, seminars and other events. The halls are equipped with flip chart, screen and multimedia.



Gergana balneological hotel

LOCATION AND SIGHTS NEARBY

Gergana balneological hotel is located in town of Hisarya, 175 km away from city of Sofia, and 45 km from the town of Plovdiv.

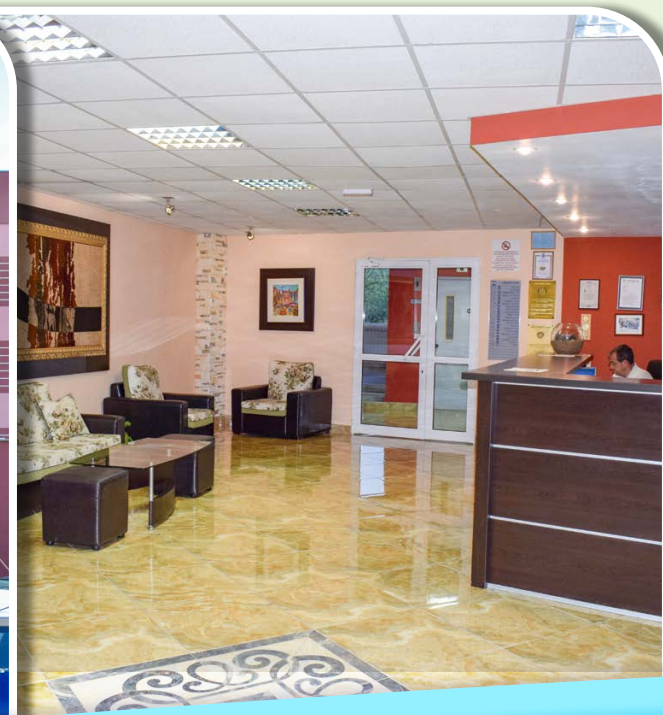
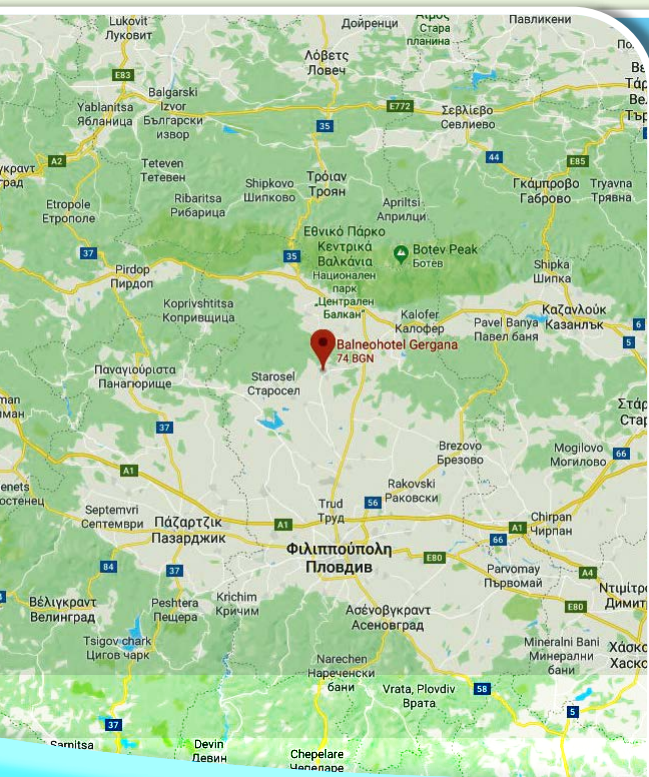
In the town of Hisarya with rich history can be seen the following cultural and historical landmarks - Fortress wall, barracks of the Roman garrison,

South and West fortress gates, Roman representative public building, Roman amphitheater, Early Christian basilicas, Roman tomb

Visits to the Thracian cult center - Starosel village are organized.

ACCOMMODATION

Gergana balneological hotel offers 120 beds in 62 rooms and 6 suits. All rooms are equipped with TV set with cable TV, mini bar, telephone, terrace. balneological hotel is accessible for people with disabilities. At guests disposal there are a restaurant with 120 seats, a café-bar with 20 seats and an outdoor terrace with 30 seats, wireless Internet, souvenir shop, bicycle for rent, table tennis, safe deposit box, unguarded car parks.





HEALING AND REHABILITATION PROCEDURES

Hydration therapy with mineral water

- Aromatic salts bath
- Underwater jet massage
- Air bubble bath (Pearl bath)
- Whirlpool bath
- Full body bath with mineral

Relaxing procedures

- Sauna
- Steam bath
- Outdoor and indoor mineral pool with jacuzzi
- Solarium room
- Detoxifier
- Fitness

Body and spirit strengthening massages

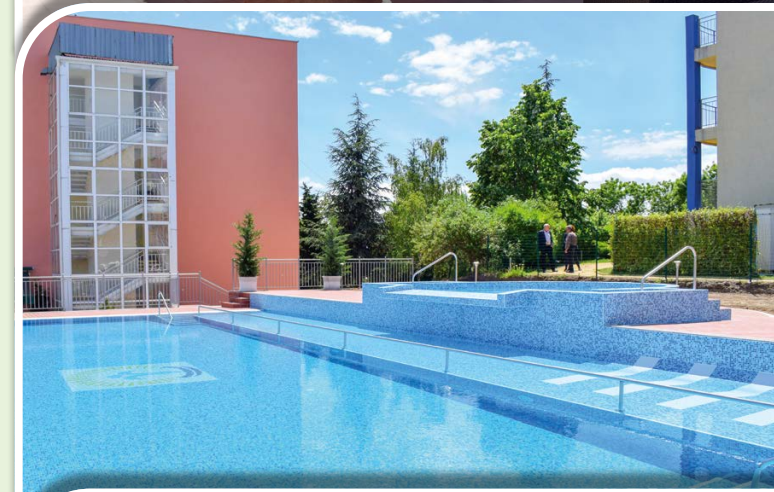
- Classic full body massage
- Partial massage /limbs, back, neck, etc./
- Aromatherapy - with herbal essences/essential oils:
 - full body massage
 - partial massage
- Lymphatic drainage
- Massage with honey
 - of back
- anti-cellulite massage - body wrapping
- reflexology - foot zone therapy

MINERAL WATERS

The bioclimatic conditions are successfully supplemented by warm mineral water. The temperature is 52°C - slightly mineralized, hydrocarbonate-sulphate-sodium with high alkaline reaction (pH 8.1-9.2), low fluorine levels, metasilicic acid, low radon content (16 nano Curie per liter). This mineral water improves the metabolic processes in the body, stimulates its defense forces, enhances the body's cleansing.

BUSINESS SERVICES

Gergana balneological hotel has one conference room with 60 seats, equipped for seminars, business meetings and conferences with a flip chart, screen and multimedia.



Zagore balneological hotel

LOCATION AND SIGHTS NEARBY

Zagore hotel is located in Starozagorski mineral bani (Stara Zagora mineral baths), at 12 km away from the town of Stara Zagora and 230 km from the city of Sofia.

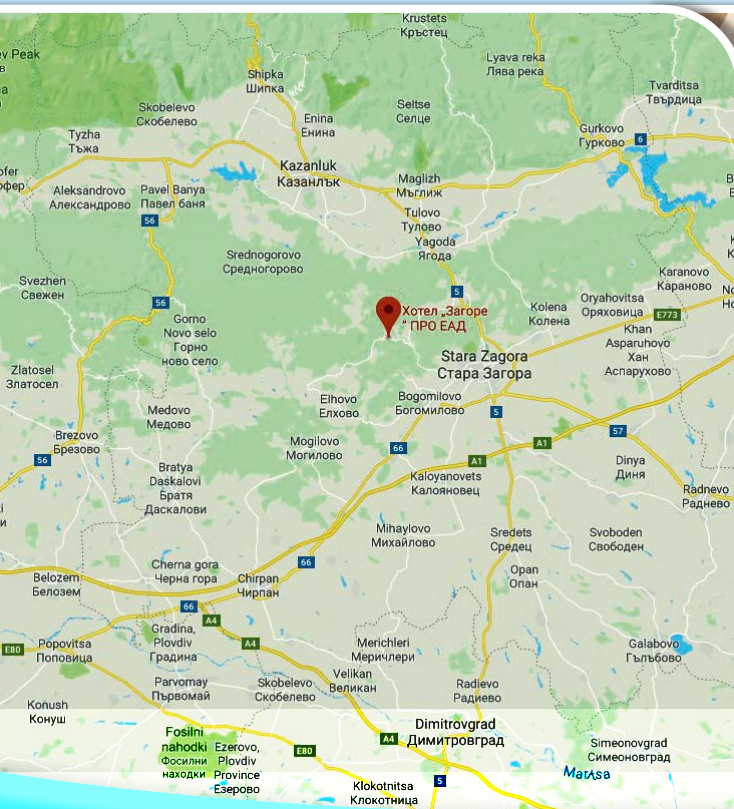
The Stara Zagora mineral baths resort is located in a picturesque locality with many opportunities for eco-tourism.

Nearby is the place Stapkata na Bogoroditsa (The Step of the Virgin), considered as a healing and holy place, with a chapel Rozhdestvo Bogorodichno (Nativity of the Virgin).

In the center of the resort there are archeological excavations from an ancient Roman bath.

ACCOMMODATION

hotel Zagore offers 70 beds, distributed in 21 double rooms, 9 single rooms, 7 studios and 2 suits. Each room has TV set with cable TV, mini bar. At guests disposal there are a restaurant with 70 seats, a summer terrace with 50 seats, wireless Internet throughout the hotel, parking.





HEALING AND REHABILITATION PROCEDURES

Hydrating therapy

- Air bubble bath (Pearl bath)
- Whirlpool bath
- Underwater jet massage bath
- Hydro-galvanic bath

Body and spirit strengthening massages

- Classic full body massage
- Partial massage /limbs, back, neck, etc./

Relaxing procedures

- Sauna
- Steam bath
- Indoor mineral pool
- Fitness

MINERAL WATERS

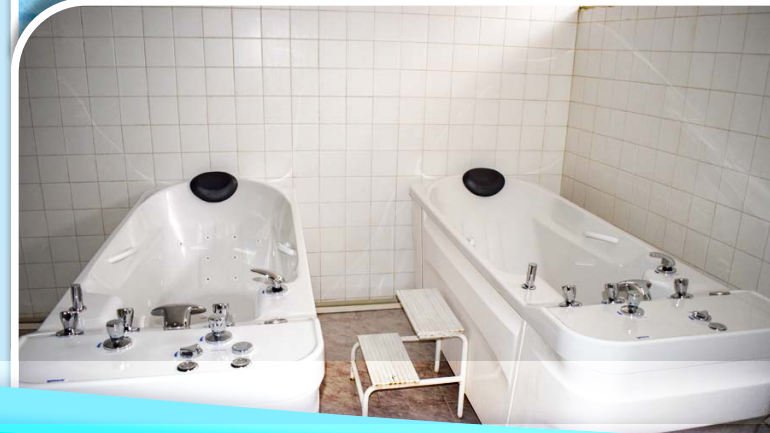
The mineral water in the Stara Zagora mineral baths is hyperthermal (42°C), slightly mineralized, hydrocarbonate-sodium-calcium and magnesium, with a neutral reaction (pH 6.9 due to the presence of 60 mg of carbon dioxide per liter) and content of colloidal meta-

silicic acid 34 mg/l

Colloidal metasilicic acid in mineral water is extremely effective in many diseases - of the musculoskeletal system, peripheral nervous system, cardiovascular system, digestive system.

BUSINESS SERVICES

Zagore hotel is suitable for seminars, business meetings and conferences. The Zagore hotel has one conference room with 50 seats. The room is equipped with flipchart, screen and multimedia.





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